University Senate

Campus Return:
Implementing the Recommendations of the Mental Health Task Force

December 6, 2021
Recommendations of the Mental Health Task Force

Crisis Support
- Rethinking Transports

Accessible Services
- Mental Health Operations
- Health Equity & Access to Care
- Regional Campus Task Force

Caring Community
- Wellness Coalition
- JED Campus
Workgroup Level Recommendations

• Community Wellness

• Mental Health Continuum and Coordination of Services

• Diversity, Inclusion, Culture, Language, and Workforce

• Training and Research for Graduate Student Population
Community Wellness

- Integrate health and well being into the mission, values and operations of the university

- Create and implement a marketing campaign to raise awareness of needs and services

- Promote holistic personal development
Mental Health and Continuum of Care Workgroup

• Chart an optimal continuum of care and identify gaps

• Explore how to amplify existing strengths throughout the university

• Explore appropriate community partnerships

• Identify strong collaborations among units across the university
Diversity, Inclusion, Culture and Language Subcommittee

- Recruit and retain a diverse faculty and staff that reflects the student body

- Provide appropriate culturally sensitive mental health and wellness training for faculty and staff

- Conduct regular climate surveys

- Synergize efforts for Storrs, regional, and international students

- Assess efficacy of our programs

- Leverage with affiliated partnerships (centers, affinity groups)
Training and Research Subcommittee

- Provide training programs for graduate advisors and advisees
- Develop graduate student survey to collect feedback on needs and experiences
- Develop community through non-research focused activities and traditions
- Develop transparent practices and timelines
- Develop digital platforms and apps to connect students with resources
Why a Wellness Coalition?

- Community involvement leads to community impact
- Coordinated activities allow us to broaden reach and maximize resources
- Systems-level approaches are more scalable than individual interventions

Source: American College Health Association
https://www.acha.org/HealthyCampus/HealthyCampus/Ecological_Model.aspx
Wellness Coalition
Structure

Wellness Coalition Advisory Council

- AOD Collaborative
- JED Campus & Mental Health
- Student Engagement
- Academic Affairs Partnership

URC Advisory Council
- Suicide Prevention
- Innovate Wellness

Crisis Support
Accessible Services
Caring Community

Be well. Feel well. Do well.
# Mental Health Recommendations

<table>
<thead>
<tr>
<th>Recommendations</th>
<th>Actions</th>
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<tr>
<td><strong>Vision</strong></td>
<td>• Organizational structure promoting enhanced supervisory support and full implementation of service continuum</td>
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<td>• Increased integration across SHaW</td>
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<td><strong>Service Model</strong></td>
<td>• Enhanced training and coaching to implement evidence based treatment models</td>
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<td><strong>Student Experience</strong></td>
<td>• Expanded hours</td>
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<td>• Online scheduling</td>
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<td>• Rapid Access</td>
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<td>• Expand community partnerships</td>
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<td>• Centralized scheduling</td>
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<td>• Student surveys</td>
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<td><strong>Operational Efficiencies</strong></td>
<td>• Clinical caseload reports</td>
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<td>• Developing key performance indicators</td>
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<td><strong>Equity and Inclusion</strong></td>
<td>• Training and Recruitment efforts focused on cross cultural knowledge and culturally informed care</td>
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<td>• Examine data through a race/ethnicity lens</td>
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<td><strong>Communication, Outreach and Collaboration</strong></td>
<td>• SHaW student advisory group</td>
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<td>• Develop and disseminate tools to support staff and faculty</td>
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<td></td>
<td>• Partner with broad coalition of University stakeholders</td>
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<td>• JED Campus</td>
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Examining data from Fall 2019 vs. Fall 2021:

- 72% increase in Screenings
- Introduced Rapid Access
- Average 2 days from call to screening = 35% decrease in wait time
- Average of 5 days from screening to next appointment = 51% decrease
Regional Campus Task Force
Access to Care & Community Health

Co-Chairs:
• Annemarie Seifert, Avery Point Campus Director
• Suzanne Onorato, Executive Director, Student Health and Wellness

Task Force Charge:
1. Review regional student access to medical care and determine gaps contributing to health inequity and disparity in care.
2. Identify appropriate levels of care.
3. Develop a financial model.
4. Extend the wellness “hub” to the regional campuses.
Regional Campus Task Force Findings

**Overall Observations:**

1. UConn may be a leader in the field for creating a regional campus approach to comprehensive health care services.
2. Allows for greater continuity of care for students transferring from regional campuses to Storrs.
3. Evaluating the expansion of mental health and wellness services.
4. Evaluating increasing access to medical care and on-site campus clinics.
5. Opportunity to create formal networks with local health services.

Stay tuned for Final Recommendations...
RECOMMENDATIONS:

- On-call residential and mental health teams should work directly with police to determine if a physical response is essential.
- Every effort should be made to de-escalate, protect life safety, and respect that an unnecessary police presence can unintentionally escalate on-call response.
- Police should always be utilized whenever there is an imminent risk of harm to self or others.
% of Transports that led to Inpatient Admissions

- SHaW
- UCPD
- Misc.

<table>
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<tr>
<th>Year</th>
<th>SHaW</th>
<th>UCPD</th>
<th>Misc.</th>
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<tbody>
<tr>
<td>2016-2017</td>
<td>72%</td>
<td>21%</td>
<td>65%</td>
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<tr>
<td>2017-2018</td>
<td>65%</td>
<td>26%</td>
<td>76%</td>
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<tr>
<td>2018-2019</td>
<td>93%</td>
<td>44%</td>
<td>65%</td>
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<tr>
<td>2019-2020</td>
<td>81%</td>
<td>38%</td>
<td>51%</td>
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<tr>
<td>2020-2021</td>
<td>100%</td>
<td>40%</td>
<td>63%</td>
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Mental Health Transports
New Process

- SHAW-MH will be called for mental health incidents
- UCPD will be called for active or harmful/threatening behavior
- Residential Life will contact SHAW-MH front desk or on call counselor when needed
- Student in crisis is able to talk to on phone or webex counselor
- Counselor will make determination of transport or make appointment with student for next day
- The SHAW-MH counselor will contact for transport if needed
Update on the Recommendations of the Mental Health Task Force

QUESTIONS?

Crisis Support
Accessible Services
Caring Community
Subgroup Recommendations